ABENA®

Assessment of Urination Patterns

Please take note of the following on the schedule:

- The amount of urine should be measured during every toilet visit - an old measuring glass or P-bag can be used to assist
- Take note of your physical activity when leakage occurs, e.g., coughing, sneezing, housework, exercising, getting out of bed, etc.

Name:				Contact:	
Date	Time	Liquid intake in ml	Urination in ml	Leakage +/-	Activity

Totals: (to be filled out by a healthcare professional)

Heaviest urination	Total urination	Liquid intake	Urination frequency:	Number of leakages:
ml:	ml:	ml:		

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