WASH WITHOUT WATER

GET READY

- Warm the Wet Wash Gloves in the microwave for 30 seconds (900 Watts)
- Find clean clothes, clean cover, disposable bag for used gloves
- Close the door or curtains around the bed
- Close windows and heat the room if needed

Make bed bathing a pleasant experience

If the patient needs a hair wash:

- Start or end with the hair wash
- Pre-heat Shampoo Cap
- Put hair in Shampoo Cap
- Massage for 2 minutes
- Take off and brush hair

The package contains 8 gloves for a full body wash:

1. Face, Neck and chest
2. Left arm, armpit and side of body
3. Right arm, armpit and side of body
4. Front and intimate parts
5. Right leg and foot
6. Left leg and foot

Turn patient:

7. Back – upper part
8. Back – lower part and buttocks

REMEMBER!

- Dispose each glove after use
- Use protective gloves when needed
- Avoid unnecessary movement and ensure patient safety at all times
- Have a good talk and explain the washing process in simple and easy-to-understand terms
- Rub the body towards the heart to increase blood circulation
- Cover the body areas that are not being washed
- Observe and document as part of the care planning
- Pay special attention to wounds or intravenous/arterial devices

REMINDERS

- Use protective gloves when needed
- Pay special attention to wounds or intravenous/arterial devices
- Observe and document as part of the care planning

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